

# STRONG



## BRING TO CAMP

**\*REMEMBER NO CELL PHONES OR MP3 PLAYERS ALLOWED\***

- 1-2 Blankets
- 1 Pillow
- 1 Pillowcase
- 2 Single Sheets
- 1 Jacket, Sweater or Sweatshirt
- 1 Raincoat or Poncho
- 2 **Swimsuits (modest)**  
**2 piece are NOT allowed**
- 1-2 Pajamas
- 4 Bath Towels
- 10 Pairs of Underwear
- 2 Wash Cloths
- 10 Pairs of Socks
- 1 Blue Jeans or Pants
- 1 Laundry Bag
- 2 Pair of Tennis Shoes
- 1 Pair of Water Shoes
- 1 Pair of Shower Shoes
- Don't forget all of your Toiletry Articles**
- 10 Shorts
- 8 T-shirts {for boys}
- 10 T-shirts {for girls}
- 1 Sleeping Bag
- 1 Bible
- 1 Sunscreen, Chapstick, Insect Repellant
- 1 Notepad/Pen or Pencil
- 1 Camera and Film {optional} but no video cameras please

**WATER BOTTLE**